



# ENLA-C

## FOURTH QUARTERLY NEWSLETTER

### Closing the Year with Gratitude, Learning, and Commitment End-of-Year Newsletter

As we reach the final stage of 2025, at Enla-C, we look back with gratitude and pride. Each activity, each meeting, and each shared moment helped us continue to promote dialogue, strengthen families, and build a culture of peace in our communities.



### Supporting Processes and Strengthening Skills

During the last months of the year, we continued developing activities focused on human, family, and community strengthening. Our work included: Strengthening leadership skills of women from Kolping Foundation – Santa Cruz Region, many of them heads of household with small businesses.

Parenting skills training with caregivers from Centro Fortaleza, a social reintegration center for adolescents.

Conflict resolution strategies with staff from a daycare center. Self-esteem workshops with adolescents in vulnerable situations.

Continued volunteer work with the group of promoters of justice and restorative practices, reinforcing our commitment to dialogue and peace.

## Leadership Training with Kolping Foundation



We are very grateful that the Kolping Foundation – Santa Cruz Region trusted our experience to develop two training programs for women leaders from different areas of the city.

The first program focused on social and community leadership, opening new ways to develop leadership in small community groups.

It also included strategies for conflict prevention and resolution.

This program was held in September, in three training sessions, with the participation of 25 women.

The second program responded to a new action line called “Empowered and Strong with Kolping”, and included the following modules: effective communication skills, team management and collaborative work, strategic planning and project management, inclusive and sustainable leadership, personal and group performance evaluation

Each session was a space for learning, reflection, and mutual support.

## Restorative Practices and a Culture of Peace

From September, to continue to strengthen my skills in restorative practices in family and community settings, I started volunteering at the Office for the Promotion of Restorative Justice, a project developed together with Centro Fortaleza.

I attend one day per week (four hours). During this time, I accompanied two families whose adolescent children were involved in a conflict that led to physical aggression. Dialogue meetings were held with the adolescents and their parents, creating spaces for listening, responsibility, and understanding.

This commitment will continue in 2026, with more community activities to promote dialogue and a culture of peace.



## Community Interventions and Team Strengthening

In November, we were invited to carry out a crisis intervention with a group of 15 daycare educators in the municipality of Montero.

Together, we identified what makes them feel like a team, focused on their similarities rather than differences, and recognized listening and dialogue as key tools to prevent and resolve conflicts at work.



## Participation in Community Fairs

Also in November, we participated in two community fairs in Montero and Guabirá:

One organized by Centro Colibrí, founded by a Kanthari alumni. Another organized by the Parish of Guabirá. These spaces allowed us to share Enla-C's mission and vision and to offer talks and workshops for 30 parents, focused on parenting skills and gentle parenting, as a way to prevent violence against children.



## Closing the Year with Self-Esteem and Hope

As our final activity of the year, we were invited to give an educational talk on self-esteem to adolescents from Centro Colibrí in Montero.

With the theme "Self-love", we closed the year reminding each participant of their value, talents, and potential.

The group included six girls and the founder of Centro Colibrí.



## THANK YOU FOR WALKING WITH US

We close this year with grateful hearts and strong hope. We believe that every small action matters when we work for stronger families, safer communities, and better lives for children and adolescents.

Thank you for your trust and support.

We move forward together into a new year, committed to peace and care.

With warmth,  
Gabriela Zambrana  
Founder of Enla-C